

# ESC 2021-2022 Course at a glance

Planetary Health	
Credits	2 credits ECTS
Dates	3 – 14 October 2022
Format	Online (combination of self-study time and live sessions) All live sessions are in group and mandatory - Usually in early afternoon, Central European Time
Prerequisites	<ul> <li>Online course requires 20-25 hours of dedicated work per week. We recommend that participants allow at least 50% of their time for the course and adapt their professional activity accordingly.</li> <li>Broadband/high speed connection - 2.5 Mbps minimum.</li> <li>Please note that most weekly content and activities are accessible via phone, but a PC/laptop/tablet is preferred</li> <li>microphone and webcam</li> </ul>
Language	English
Fees	CHF 1'700
Coordinator	Dr Anne Golaz – <u>anne.golaz@unige.ch</u>



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### **Course overview**

#### **Short description**

Planetary health focuses on the changes humans are making to their environment and its multidimensional impacts on ecosystems and human health. Planetary health recognises that human health and the health of our planet are interconnected. This course aims to understand how essential it is to integrate a planetary health lens and strategy into humanitarian action. Its programme reviews how human-caused changes disrupt natural ecosystems, causing climate change, air and water pollution, biodiversity loss, disruption to our food production system, and changing patterns of diseases. It emphasises the importance of humanitarian organisations reaching out to help people at risk and working to reduce the environmental impact of their aid efforts. The planetary crisis is a public health crisis. Human and animal health depends on the wellbeing of the planet and its ecosystems.

#### **Objectives of the course**

At the end of the course, you will be able to:

- understand the importance of framing humanitarian crises through a planetary lens
- recognise the environmental crisis as a catalyst or exacerbator of humanitarian crises and that most vulnerable countries and people are most affected
- understand how climate change, pollution of air and water, biodiversity loss, disruption to our food production system, and changing patterns of diseases are affecting human health and healthcare systems
- analyse how acute climate-related shocks (e.g. floods, sea level rising) or chronic (e.g. drought and desertification) increase human mobility
- learn more about policies addressing the environmental crisis
- examine how organisations address environmental degradation through operational adaptation and mitigation practices to limit their ecological footprint
- utilise tools available to conduct environmental and health assessments



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#### Workload

Around 20-25 hours of work each week, including:

- Asynchronous self-study activities (such as case studies, videos, recorded slideshows, readings, etc.)
- Synchronous live sessions

#### Structure of the course

- Definition and scope of planetary health
- Conflict and the environment
- Conflict-related issues and social/gender inclusion
- Food and water scarcity
- Infectious diseases
- Anticipating extreme weather events to reduce their impact
- Climate change, migration and health nexus
- Air pollution and health systems
- The loss of biodiversity

### **Audience**

- Professionals in the humanitarian, development or social sector looking to explore options for mitigation and adaptation to systemic disruptions of planetary health.
- Professionals in the health sector who seek to develop their understanding of the interconnection between health, climate, environment and humanitarian responses.
- Professionals from other sectors (policy making, donor agencies, government officials) who wish to develop their competencies in the health and humanitarian sectors.